

YOUR PHARMACY BENEFIT

Your State of Nebraska pharmacy benefit offers flexibility and choice in finding the right medication for you. UnitedHealthcare is your new medical insurance provider and your new pharmacy benefit manager is OptumRx™. OptumRx™ is an affiliate of UnitedHealth Group. Our State of Nebraska pharmacy benefit administered by UnitedHealthcare offers flexibility and choice in finding the right medication for you.

What is a covered drug?

A covered drug is a prescription medication or product covered under your benefit. Your Top 500 Medications Prescription Drug List (PDL) is a good resource to review medication coverage. Since the PDL may change periodically, we encourage you to log on to your member website at link.ne.gov and connect to Wellness and Benefits Resources and click on Pharmacies and Prescriptions for more current information.

What is a Prescription Drug List (PDL)?

The PDL includes brand and generic prescription medications approved by the U.S. Food and Drug Administration (FDA). Medications are placed on different “tiers” based on their overall value. Tier 1 is the lowest-cost tier option. When selecting a medication, you and your doctor should consult the PDL.

- Tier 1 (formerly called Generic) - Your lowest-cost option
- Tier 2 (formerly called Preferred Brands) - Your midrange-cost option
- Tier 3 (formerly called Non-Preferred Brands) - Your highest-cost option



Choose a network pharmacy

To get the most from your pharmacy benefit, you should fill your prescriptions at either OptumRx™ Mail Service Pharmacy or one of the 64,000 retail pharmacies in the UnitedHealthcare network. Filling prescriptions at pharmacies outside the network will increase your cost and may not always be covered.

To search for a network pharmacy, visit link.ne.gov and connect to Wellness and Benefits Resources, click on "Pharmacy Benefits" and start your search by clicking on "Click here to find a retail network pharmacy."



What medication limitations should you be aware of?

There are different types of medication limitations. These limitations help ensure medication safety and accuracy, as well as control overall health care costs. To look up a specific limitation of a medication, please visit link.ne.gov and connect to Wellness and Benefits Resources once you are a UnitedHealthcare member.

- **Quantity limits:** Some medications have restrictions on the amount of medication you can receive per copayment or in a period of time.
- **Notification (Prior Authorization):** Some medications require your pharmacy to confirm coverage before your prescription can be filled. For these medications, your doctor will need to provide additional information (for instance, what condition the drug is being used to treat) to determine if it is eligible for coverage. If your doctor believes you should take a medication requiring notification, he or she can request this through our Authorization Department.
- **Step therapy:** Some medications require you to try a different drug first before your requested drug is covered.

What do you do if your pharmacy is not in the network?

Your pharmacy plan offers an extensive nationwide retail pharmacy network; however, if your pharmacy is not in the retail pharmacy network, you can advise your non-network pharmacy to call 1-800-797-9798 for information regarding joining our pharmacy network.

Can you use the same local pharmacy?

Your pharmacy plan offers access to 64,000 retail network pharmacies nationwide. Present your new UnitedHealthcare health plan ID card to the pharmacy before filling or refilling a prescription.

For medications you take on a regular basis, you can fill a 180-day supply through the OptumRx™ Mail Service Pharmacy. Mail order offers the convenience of home delivery and standard shipping at no additional cost to you. Plus, you'll have lower copayments and refills to manage.

Why Are Some Medications NOT Covered/Excluded?

Certain medications may be excluded from coverage when lower-cost therapeutic or over-the-counter alternatives are available. Typically the alternative medications available have the same active ingredient as the excluded medications.

OptumRx™ Specialty and Mail Order Pharmacy

Using a specialty or mail order pharmacy are beneficial because they have experience in storing, handling, and distributing these unique medications. Specialty pharmacies also typically provide a higher level of customized care for specialty medications than traditional retail pharmacies. Specialty pharmacists and nurses have additional clinical expertise surrounding these medications and complex diseases.

UnitedHealthcare's network specialty pharmacy, OptumRx™, is your connection to quality, convenient specialty pharmaceuticals. OptumRx™ provides exceptional services for you including:

- Efficient prescription dispensing and timely delivery
- Pharmacists and licensed health care professionals available 24 hours a day to answer your questions about medications or your specific health condition
- Patient education and support services with care plan development and monitoring, if needed
- Shipping to any location in the United States for no additional charge
- Prescription shipments mailed in confidential, temperature-sensitive packaging
- Refill reminders and overall adherence monitoring
- Coaching on our Prescription Drug List including available lower cost alternatives
- Specialty medications are limited to a **one month** supply. This helps reduce waste when adjustments or changes are made to your medications. Also, when calling customer service, be sure to indicate you are calling about a specialty medication.

For questions about using OptumRx™ Specialty Pharmacy, please call the customer care number on the back of your UnitedHealthcare health plan ID card.

Specialty Pharmacy Program

When you're living with a rare or a complex condition, appropriate use of specialty medications can be critical to maintaining or improving your health – and your quality of life. The Specialty Pharmacy Program provides the resources and personalized condition-specific support you need to help you better manage your condition.

What is a specialty medication?

An injectable, an oral or an inhaled medication is most often considered specialty medication if it:

- Is used to treat a chronic or complex condition
- Require extra, on-going clinical oversight and additional education for best management
- Has unique storage or shipping requirements
- Typically is not available at retail pharmacies
- Examples of specialty medications: *Humira* (can be used to treat Rheumatoid Arthritis), *Avonex* used to treat Multiple Sclerosis), *Gleevec* (an oncology medication)

How does the program work?

STEP 1. Find a network specialty pharmacy

- Call the number on the back of your ID card and a representative will transfer you to a network specialty pharmacy for your specific medication. As a first time specialty user, you will also receive a letter about the program and instructions on how to transfer your medication. It is as easy as dialing one number!

STEP 2. Move your prescription to a network specialty pharmacy for your medication.

- The network specialty pharmacy will help you transfer your active prescriptions from your current pharmacy. If you're out of refills, they will contact your doctor to get a new prescription. The specialty pharmacy representative is also available for any questions you have regarding dosing, side effects, administration of the medications, etc.

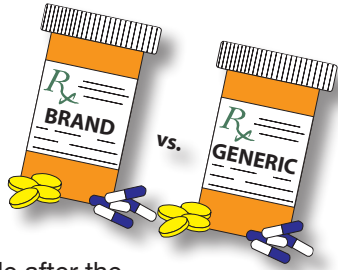
STEP 3. Understanding where your specialty medication is coming from.

- Your specialty medication limited to a one month supply, will be sent to you from the specialty provider and not from the Optum Rx™ mail service facility.

What is the difference between brand name and generic medications?

Generic medications contain the same active ingredients as brand name medications, but they often cost less. Generic medications become available after the patent on the brand name medication expires. At that time, other companies are permitted to manufacture an FDA-approved, chemically equivalent medication. Many companies that make brand name medications also produce and market generic medications.

The next time your doctor gives you a prescription for a brand name medication, ask if a generic equivalent is available and if it might be appropriate for you since generic medications are typically your lowest-cost option.



How can you get the most from your pharmacy benefit?

You can talk to your doctor about the following to help you get the most from your pharmacy benefit:

- **Mail order** – it eliminates monthly trips to the pharmacy and may save you money
- **Generic medications** – generic medications are approved by the Food and Drug Administration (FDA) as having the same high quality and strength as brand-name medications, but are normally less costly

Work with your doctor to see if generics or lower-tiered medications will work for you. Never change medications unless your doctor prescribes the medication.

Filling prescriptions through mail order

OptumRx™ Mail Service Pharmacy makes it easy to save money and time by delivering the maintenance medications you take every day directly to your door. You will receive a 180-day supply of your maintenance medications, many times for lower copayments than at other network pharmacies. There is no charge to you for shipping.

Mail order eliminates frequent trips to the pharmacy for your maintenance medication refills. In addition, there are licensed pharmacists that check your order to see if it is entered and filled correctly. They're available to speak to you directly should you have a question or concern about any prescribed medication.

Will you be required to use mail order for a 180-day supply of medication?

Yes, you will be. However, a 30-day supply of maintenance medication may be filled at a retail pharmacy, but the copay will be higher.

To start using mail order:

1. Call 1-800-562-6223, 24 hours a day, seven days a week and OptumRx™ will work directly with your doctor to set up your mail order. Just have your prescription label available when you call.
2. Or download an order form from by going to link.ne.gov and connect to Wellness and Benefits Resources and click on "Pharmacies and Prescriptions."

Your Prescription Drug Benefits

| Wellness Plan | Tier I (Generic) | Tier II (Preferred Medications) (Formulary) | Tier III (Non-Preferred Medications) (Non-Formulary) |
|--|---------------------|---|--|
| Retail 30-day supply | \$5 copay | \$25 copay | \$40 copay |
| Home Delivery 180-day supply | \$20 copay | \$100 copay | \$150 copay |
| Diabetic, hypertension and high cholesterol prescriptions | | | |
| Retail 30-day supply | No copay | \$15 copay | \$30 copay |
| Home Delivery 180-day supply | No copay | \$75 copay | \$120 copay |



Wellness plan participants are eligible, with prior approval, to receive one (1) course of tobacco cessation prescription drugs for up to 12 weeks, within a rolling 12 month period, at no cost. There is a lifetime limit of three (3) courses of treatment.



| Choice Plan High Deductible Plan | Tier I (Generic) | Tier II (Preferred Medications) (Formulary) | Tier III (Non-Preferred Medications) (Non-Formulary) |
|-------------------------------------|---------------------|---|--|
| Retail 30-day supply | \$10 copay | \$30 copay | \$50 copay |
| Home Delivery 180-day supply | \$35 copay | \$120 copay | \$175 copay |

| Regular Plan | Tier I (Generic) | Tier II (Preferred Medications) (Formulary) | Tier III (Non-Preferred Medications) (Non-Formulary) |
|------------------------------|---------------------|---|--|
| Retail 30-day supply | \$10 copay | \$25 copay | \$40 copay |
| Home Delivery 180-day supply | \$35 copay | \$100 copay | \$150 copay |

Diabetic supplies covered under the prescription drug benefit include syringes, needles, lancets, blood monitor kits, test strips, blood glucose calibration solutions, urine tests, and blood test strips. Blood glucose monitors are also covered under the pharmacy benefit, but continuous blood glucose monitors are currently excluded. Insulin pumps and sensors are covered under the medical benefit as Durable Medical Equipment. Most insulin pump supplies are covered under pharmacy benefit. Please call customer service to confirm and be sure you know the exact part and part number needed.

Which insulin pump supplies are covered and which are not? Most insulin pump supplies are considered "replaceable" (reservoirs, needles, tubing) are covered under the pharmacy benefit and are available through mail service. If the insulin pump supply you need is not currently in stock in the mail service facility you will be notified that there could be a slight delay (approximately 11-14 days) while they obtain the product for you. Customer service will be able to help answer any questions you may have just let them know you are calling about a pump supply. **Currently the OMNIPOD disposable pump is not covered.**